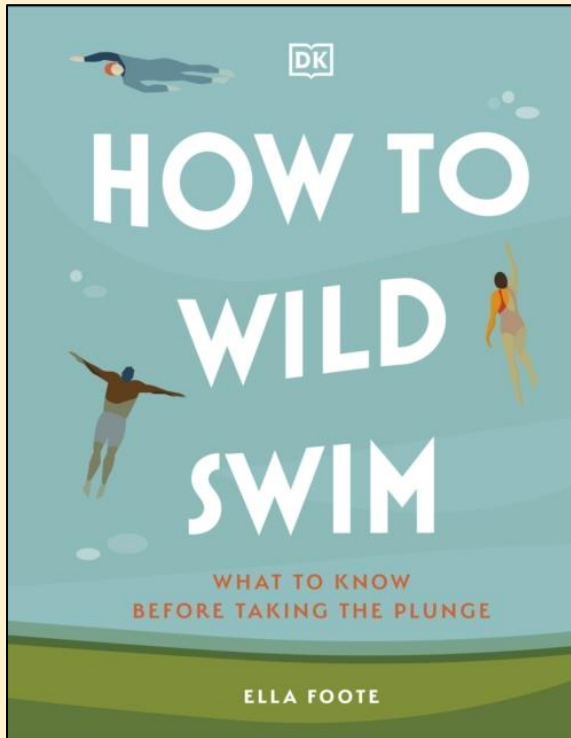


Wild Swimming Talk

With Ella Foote, author of *How to Wild Swim: What to Know Before Taking the Plunge*

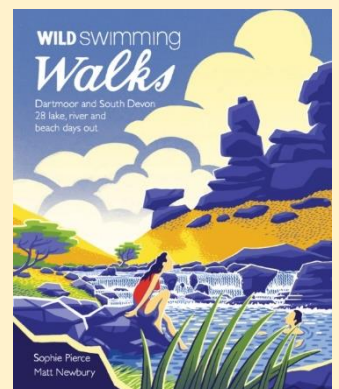


Ella Foote is an experienced outdoor swimmer, certified RLSS Open Water Lifeguard, STA Open Water Coach, STA Swim Teacher and swimming journalist.

An intrepid swim explorer, she is constantly seeking out new rivers, lakes, ponds, seas and pools to plunge into. She is Editor at **Outdoor Swimmer** magazine, year-round outdoor swimmer and equally happy doing distance or dips.

Who better to talk everything wild swimming...

We are delighted that Ella will be in conversation with author of *Wild Swimming Walks Dartmoor and South Devon*, Sophie Pierce at the East Gate Bookshop on the evening of Tuesday November 21st



**At: The East Gate Bookshop
on: Tuesday 21st November**

Tickets £2.00 each available from the **East Gate Bookshop**,
online, or **via the QR code**

Doors open at 7:15 pm for a 7:30 pm start